

Resources on Cultural Differences & Communication

Research Articles

1. Schouten, B. C., & Meeuwesen, L. (2006). Cultural differences in medical communication: A review of the literature. *Patient Education and Counseling*, 64(1-3), 21-34. <https://europepmc.org/article/MED/16427760> This article reviews observational studies on intercultural doctor-patient communication and identifies predictors of communication challenges like cultural values and linguistic barriers.
2. Paternotte, E., Scheele, F., et al. (2016). How do medical specialists value their own intercultural communication behaviour? *BMC Medical Education*, 16, 127. <https://bmcmmededuc.biomedcentral.com/articles/10.1186/s12909-016-0727-9> Explores how medical specialists perceive their intercultural communication skills and identifies incidents affecting doctor-patient interactions.
3. Paternotte, E., Scheele, F., et al. (2016). Intercultural doctor-patient communication in daily outpatient care. *Perspectives on Medical Education*, 5(5), 268-275. <https://link.springer.com/article/10.1007/s40037-016-0288-y> Focuses on which intercultural communication skills are used by medical specialists during consultations.
4. Verma, A., Griffin, A., et al. (2016). Exploring cultural and linguistic influences on clinical communication skills. *BMC Medical Education*, 16, 115. <https://bmcmmededuc.biomedcentral.com/articles/10.1186/s12909-016-0680-7> Examines how cultural and linguistic backgrounds affect the communication skills of international medical graduates.

Movies and Documentaries

1. Wang, L. (Director). (2019). *The Farewell* [Film]. Amazon Prime; Apple TV. Explores cultural clashes between Chinese and American family values, especially in handling illness and death.

2. Shadyac, T. (Director). (1998). *Patch Adams* [Film]. Netflix; Amazon Prime. Highlights the importance of empathy and humor in patient care, transcending cultural barriers.
3. Robbins, B. (Director). (2012). *A Thousand Words* [Film]. Available on streaming platforms. A comedic take on the importance of effective communication and connection.
4. PBS. (Producer). (2008). *Sick Around the World* [Documentary]. PBS; YouTube. Examines healthcare systems across five countries and how culture shapes medical practices.

Books

1. Fadiman, A. (1997). *The spirit catches you and you fall down: A Hmong child, her American doctors, and the collision of two cultures*. Farrar, Straus and Giroux. Explores the cultural conflicts between a Hmong family and the U.S. medical system regarding epilepsy treatment.
2. Vertosick Jr., F. T. (2006). *When the air hits your brain: Tales of neurosurgery*. W. W. Norton & Company. A neurosurgeon's memoir reflecting on cultural and human aspects of medicine.
3. Gawande, A. (2014). *Being mortal: Medicine and what matters in the end*. Metropolitan Books. Discusses how cultural values influence end-of-life care and the importance of communication.
4. Rundle, A., et al. (2002). *Cultural competence in health care: A guide for professionals*. Jossey-Bass. A guide for bridging cultural gaps in healthcare, suitable for professionals and general readers.

TV Shows

1. Kher, A. (Producer). (2018–present). *New Amsterdam* [TV series]. Peacock. Tackles cultural competence in patient care, addressing language barriers and health disparities.
2. Rhimes, S. (Producer). (2005–present). *Grey's Anatomy* [TV series]. ABC. Features episodes exploring cultural and ethical dilemmas in healthcare.

Podcasts

1. NPR. (Producer). (n.d.). *Code Switch* [Audio podcast]. NPR.
<https://www.npr.org/sections/codeswitch/> A podcast about race and identity, often discussing cultural differences in healthcare.
2. The Nocturnists. (n.d.). *The Nocturnists* [Audio podcast].
<https://www.thenocturnists.com/> Personal stories from doctors about the human side of medicine, including cross-cultural encounters.